

The International Healing Foundation (IHF), established by psychotherapist Richard Cohen in 1990, is an educational and counseling nonprofit organization that has helped thousands of men, women, and adolescents worldwide over the past seventeen years . IHF seeks to help each man, woman, and child in healing from past and present wounds, and empower them with the understanding of their value as a child of God.

IHF has five main areas of expertise:

1. **Healing Seminars**

- Love / Sex / Intimacy (LSI) Healing Seminars
- Mother-Daughter Healing Seminars
- Father-Son Healing Seminars

2. **Teleconferencing Classes**

- Parents
- Strugglers

3. **Resource Materials**

Books:

- Coming Out Straight: Understanding and Healing Homosexuality
- Gay Children, Straight Parents: A Plan for Family Healing
- Practical Exercises for Men in Recovery of Same Sex Attractions
- Alfie's Home

Audio Tapes/CDs:

- Healing Homosexuality: Meaning & Causes
- Healing Homosexuality: Process of Transitioning

- Healing Homosexuality: Therapeutic Tools & Techniques
- Meditations and Affirmations
- Healing Your Inner Child / Memory Healing

Video/DVD:

- Coming Out Straight

4. Consultations/Evaluations

- Consultations for Individuals / Parents
- Individual evaluations / Treatment plan
- Referral Services

5. Counselor Training Program

The Counselor's Training Program is for therapists, coaches, clergy, and ministry leaders who wish to assist those dealing with unwanted same-sex attraction (SSA). In this training program, you will learn:

1. How to evaluate clients and develop a comprehensive treatment plan for them
2. Therapeutic strategies to use in each stage of treatment (cognitive, behavioral, psychodynamic, family systems)
3. How to assist parents, spouses and other family members,
4. Preparing SSA men/women for dating
5. Taking care of the therapist/counselor/coach to prevent your own burn out

The Counselors Training Program will take place at the International Healing Foundation (IHF) offices during four weekends throughout the year. The office is located between Baltimore and Washington, DC. The nearest airport is BWI (Baltimore-Washington International).

Psychotherapist, educator, and author Richard Cohen will facilitate this training program. Having worked with and successfully helped hundreds of men and women transition from a homosexual to a heterosexual orientation over the past seventeen years, Cohen will share the "how to's" of change.

Practical strategies for assisting clients in the change process will be taught. There will be allotted times for questions and answers, as well as specific training in the use of each therapeutic approach. The final session in October will be facilitated by Bruce Gold. Mr. Gold is a counselor and seminar leader. He has over thirteen years experience facilitating experiential seminar throughout the United States.

Website: www.gaytostraight.org