This volume of 33 The Series challenges and equips men to go below the surface, to look deep into their hearts and explore some areas that are all too easy to ignore but that are critical in their journey toward Authentic Manhood. It introduces a framework and a process that will help men understand what lies behind the manhood traps and beneath the heart idols that can distract them from the truth and the power of the Gospel. Then it unfolds a biblical battle plan that helps men replace specific temptations and struggles with God's better promises. It deals head-on with issues that all of us as men can relate to like sexual lust, the need for control, unfounded fear and the pursuit of significance.

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